URGENT ACTION

PRISONERS OF CONSCIENCE HEALTH CONCERNS

Prisoners of conscience Félix Navarro and Sayli Navarro remain imprisoned solely for peacefully exercising their human rights. Their family reports serious concerns about their access to healthcare. Félix, who has diabetes, told his wife on October 2026 that he had spent 66 days alone in a cell. She reports a lack of health monitoring supplies and fears he may receive no help during a medical crisis. Sayli has health problems as well and, according to her mother, she has not received adequate diagnostic assessment. The authorities must release them immediately and unconditionally and ensure adequate healthcare pending their release.

TAKE ACTION:

- Write a letter to the government official(s) listed. Use the sample letter below as a guide or use your own words.
- Click here to report your action(s) on ***Second UA 47.25***. We share this number with the officials we are trying to persuade.

Note: USPS does not deliver mail to Cuba. Send postage to domestic embassy instead
Miguel Díaz-Canel
President of Cuba
Hidalgo Esq. 6, Plaza de La Revolución
CP 10400, La Habana, Cuba
Email: despacho@presidencia.gob.cu

Send a copy of your letter to the address below

CC: Cuban Embassy in the United States
Ambassador Lianys Torres Rivera
2630 16th Street, NW,
Washington DC 20009
Email: secretaria@usadc.embacuba.cu
Twitter/X: @lianystr

Dear President Miguel Díaz-Canel,

I urge you to release prisoners of conscience **Félix Navarro Rodríguez** and **Sayli Navarro Álvarez** immediately and unconditionally. They are imprisoned solely for peacefully exercising their human rights.

I am deeply concerned about the account provided by **Sonia Álvarez**, Félix's wife and Sayli's mother. During her visit in October 2026, Félix told her that he had spent 66 days alone in a cell in Agüica prison, Matanzas. According to Sonia, he has diabetes and previously experienced medical crises in which fellow prisoners came to his aid. She fears that, alone in his cell, he may have nobody to help him. She also reports that the prison lacks blood glucose testing strips and that his glucose levels are not monitored systematically. Sonia also reports that, during her visit in October, Sayli told her about stomach problems for which she had received medication without a diagnostic test.

Pending their release, they should receive prompt, adequate healthcare, as well as clear information about their health and treatment, and their families must be informed in accordance with their wishes. Especially, Félix's prolonged isolation must be put to an end, and both must be protected from torture and other ill-treatment.

I urge you to release Félix Navarro Rodríguez and Sayli Navarro Álvarez immediately and unconditionally, ensure they receive adequate healthcare, end Félix's prolonged isolation, and protect both from torture and other ill-treatment.

Yours sincerely,

AMNESTY INTERNATIONAL

ADDITIONAL INFORMATION

Amnesty International designated **Félix Navarro** and **Sayli Navarro** prisoners of conscience on October 23, 2024. They were sentenced in March 2022 to nine and eight years in prison respectively in connection with events following the July 2021 protests. They had gone to a police station in Perico, Matanzas, on July 12, 2021 to ask about fellow activists detained the previous day.

Félix is a political dissident and founder of the Pedro Luis Boitel Party for Democracy. His daughter Sayli is an activist and member of the Damas de Blanco (Ladies in White). Their imprisonment forms part of the repression of people who peacefully express dissent in Cuba.

Félix was conditionally released in January 2025. On April 29, 2025, the authorities revoked that measure and detained him again as he prepared to visit his daughter. Amnesty International condemned his renewed imprisonment and called for his immediate and unconditional release.

On October 23, 2026, Amnesty International reiterated its call for their release and reported prolonged isolation and severely restricted outdoor access for Félix. It also expressed concern about Sayli's detention conditions, including irregular access to safe drinking water and repeated denial of prison benefits on ideological grounds.

Sonia Álvarez reports that she last saw Félix in October 2026, when he said he had been alone in a cell for 66 days. Visits take place every 50 days and the date of the next visit had not been communicated to the family.

Sonia reports that Félix has diabetes and has previously needed fellow prisoners' assistance during medical crises. She describes the absence of glucose testing strips and systematic monitoring, and fears that remaining alone in his cell leaves him without timely assistance.

During the visit in October 2026, Sayli told Sonia about stomach problems and medication prescribed without an ultrasound or other diagnostic investigation.

These reports heighten concerns about access to timely and adequate healthcare and the consequences of Félix's isolation. The authorities must ensure prompt assessment and treatment, appropriate monitoring and emergency assistance, and regular family contact while both remain detained.

Amnesty International calls for the immediate and unconditional release of Félix Navarro and Sayli Navarro and all others imprisoned solely for peacefully exercising their human rights in Cuba.

PREFERRED LANGUAGE TO ADDRESS TARGET: Spanish, English, or your own language.

PLEASE TAKE ACTION AS SOON AS POSSIBLE UNTIL: March 19, 2027

NAME AND PREFERRED PRONOUN: Félix Navarro Rodríguez (he), Sayli Navarro Álvarez (she)

LINK TO PREVIOUS UA: https://www.amnestyusa.org/urgent-actions/cuba-prisoners-of-conscience-re-imprisonment/