

# WORKING WITH SRR ADVOCATE TRAINERS

Have you ever had awkward conversations with your family (or anyone!) about sex or had a difficult and/or frustrating time accessing information or sexual health services such as contraception? Have you felt like you had to explain your gender identity to your friends or even to complete strangers? Have you felt like you had to justify or defend your gender expression/presentation? Have you felt frustrated or constrained by the binary gender norms that society forces upon us? Have you felt uncomfortable or experienced backlash for breaking or dismantling gender norms?

Sexual and reproductive rights can be immensely personal, and also controversial. For many people, sexuality and gender are spaces of strong emotional connections and firmly held beliefs. The act of questioning our assumptions or challenging those of others can feel dangerous and exhausting while still being exhilarating and inspiring (and you may not want to stop the conversation!).

## START THE CONVERSATION WITH AN AIUSA SEXUAL AND REPRODUCTIVE RIGHTS ADVOCATE TRAINER!

**SEXUAL AND REPRODUCTIVE RIGHTS (SRR) ADVOCATE TRAINERS** are human rights advocates who volunteer with AIUSA to facilitate participatory SRR human rights education activities/workshops in their states and/or regions. SRR Advocate Trainers can work with your groups to start or continue participatory discussions around sexual and reproductive rights. They can start with SRR 101 and/or move your group into how to mobilize around SRR in your communities. The SRR workshops lead to empowering conversations, where everyone learns from each other and walks away with knowledge and skills to lead campaigns, activism, and advocacy for their sexual and reproductive rights.

**LEARN MORE ABOUT HOW TO WORK WITH THE SRR ADVOCATE TRAINERS ON THE NEXT PAGE!**

**MY LIFE**  
**MY HEALTH**  
**MY EDUCATION**  
**MY CHOICE**  
**MY BODY**  
**MY RIGHTS**

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If you want to partner and work with SRR Advocate Trainer(s), reach out directly to Kaitlyn ([kdenzler@aiusa.org](mailto:kdenzler@aiusa.org)) and cc' your Field Organizer (find your field organizer here: <http://bit.ly/1IG7Ned>) and we'll get you connected to a trainer in your region.

The way you partner with the SRR Advocate Trainer can vary and will depend on what your group decides. You could, for example, partner with the SRR Advocate Trainer(s) for just one, 3-hour participatory workshop that is tailored for your group. Or you could form a longer-term partnership with them and have the trainer(s) come to you and work through various activities throughout a semester or academic year for a more holistic learning process. **It's completely up to you and what works for your group/community!**

The SRR Advocate Trainers will be working from Amnesty's human rights education module, Respect My Rights, Respect My Dignity—Sexual and Reproductive Rights Are Human Rights (you can find this online), and everything can be modified to fit your needs. **They're really excited to partner with you, so don't forget to reach out!**

